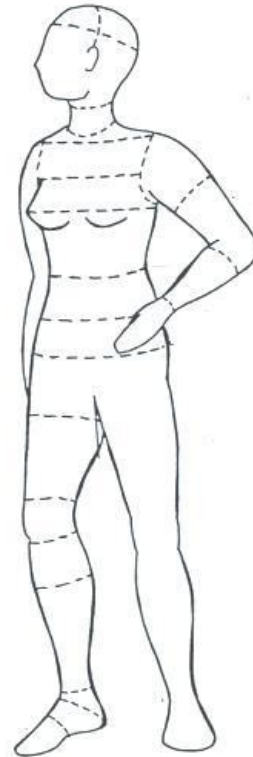


# Measurement Sheet

This sheet is a generic measurement sheet compiled of many different sheets I have seen. I think it covers just about every measurement you could possibly need.

- \_\_\_\_\_ Head
- \_\_\_\_\_ Neck circumference
- \_\_\_\_\_ Neck to bony protuberance (one shoulder width)
- \_\_\_\_\_ Nape of neck to base of armseye
- \_\_\_\_\_ Shoulder to shoulder (front)
- \_\_\_\_\_ Shoulder to shoulder (back)
- \_\_\_\_\_ Armseye to armseye (front)
- \_\_\_\_\_ Armseye to armseye (back)
- \_\_\_\_\_ Depth of armseye
- \_\_\_\_\_ Circumference of armseye
- \_\_\_\_\_ Chest circumference
- \_\_\_\_\_ Rib circumference
- \_\_\_\_\_ Waist circumference (at naval)
- \_\_\_\_\_ Hip circumference
- \_\_\_\_\_ Neck to floor
- \_\_\_\_\_ Neck to waist
- \_\_\_\_\_ Neck to knee
- \_\_\_\_\_ Neck to mid-calf
- \_\_\_\_\_ Waist to knee
- \_\_\_\_\_ Waist to hip
- \_\_\_\_\_ Waist to floor
- \_\_\_\_\_ Top of shoulder line to waist
- \_\_\_\_\_ Mid-shoulder to waist
- \_\_\_\_\_ Mid-shoulder to chest level
- \_\_\_\_\_ Mid-shoulder to hip
- \_\_\_\_\_ Arm length (bent)
- \_\_\_\_\_ Armpit to waist
- \_\_\_\_\_ Bicep (flexed)
- \_\_\_\_\_ Elbow
- \_\_\_\_\_ Forearm
- \_\_\_\_\_ Wrist
- \_\_\_\_\_ Shoulder to elbow
- \_\_\_\_\_ Elbow to wrist
- \_\_\_\_\_ Armpit to wrist



- \_\_\_\_\_ Thigh Circumference
- \_\_\_\_\_ Above knee
- \_\_\_\_\_ Below knee
- \_\_\_\_\_ Calf circumference
- \_\_\_\_\_ Ankle circumference
- \_\_\_\_\_ Inseam to below knee
- \_\_\_\_\_ Inseam to ankle
- \_\_\_\_\_ Inseam to floor
- \_\_\_\_\_ Crotch stride
- \_\_\_\_\_ Crotch depth
- \_\_\_\_\_ Instep girth
- \_\_\_\_\_ Arch of foot

Persona:	Modern Name:	Height:	Weight:
Telephone:	Date:		